# **Procedure: Water Safety Protocols**

#### Date 31/10/2021

#### Prepared by: Club Captains, Junior Activities Coordinator, Club President

Approved by: Club Captains

1. **<u>PURPOSE</u>**: Define water safety protocols for Queenscliff SLSC Nippers

#### 2. <u>REFERENCES / STANDARDS</u>:

- SLSA's Standard Operating Procedures,
- Patrol Operations Manual
- Water Safety Policy

#### 3. PROCEDURE:

- As Queenscliff is rated moderately hazardous by SLSA, Queenscliff must have a ratio of 1:5 (1 water safety member : 5 nippers) in the water. <u>75% of our water safety people</u> <u>must be in the water</u>. Low Risk conditions require 10 water safety SRC/Bronze members per 1 child.
- Patrolling members can only be allocated to water safety at the discretion of the PC of the day. No other patrol member or water safety member can reallocate a member from patrol to water safety. If a patrol or water safety/nipper members observe something important they should bring it to the attention of the PC who will determine a course of action
- Nipper water activities cannot be undertaken on a closed beach under any circumstances. This includes no wading.
- PC will make an IRB available on the water for nippers rather than stationary on the beach where possible
- Maximum numbers in swim races are: 1) 32 for surf swims and 2) 16 for board races

#### a) Mandatory Surf Risk Rating Assessment and Briefing

- At 7:45am before the 8am group commences (U6-U8) a Risk Rating Assessment must be undertaken for all age managers by the Patrol Captain (PC) and Water Safety Supervisor (WSS) before nippers can proceed with water activities (including boards and wading). If there is no risk assessment conducted with the PC, nippers will not proceed.
- ii) At *9.45am* another risk assessment will be conducted prior to 10am for the second nipper water session.
- iii) Our WSS will locate the PC and bring them to the briefings.
- iv) The Risk Rating is completed in the Patrol Operations App and can also be completed on paper if required and attached to the patrol log of the day. The PC will find the risk assessment in the App at the top of the home screen. Click on the 3 bars to see a new menu and select "Risk Rating". Start a new risk rating and select from the drop down options (tip click "auto" at the top and select "other" for arena). When you click on assessment, you will get a rating. If that rating has anything in it saying "high risk" the PC will determine there can be no nipper water activities that day. In this instance, the PC will confer with the lifeguards when they see a moderate - high risk rating.
- v) If the beach is closed no nippers are allowed in the water on boards or wading
- vi) The Water Safety Policy and our Patrol Operations Manual also includes our protocol. Both are on our website under Lifesaving and under Nippers

#### b) Role of the Water Safety Supervisor (WSS)

- Conducting Risk Assessment with the Patrol Captain (PC) before commencing nippers and based on the assessment determine the number of water areas and the number of Water safety required.
- ii) Allocate water safety to the water areas. Note: SRC water safety cannot be responsible for the area. An adult Bronze medallion person must be appointed as the responsible person.
- iii) Ensure water safety members are wearing a high vis water safety vest.
- iv) Meet with PC and Age managers at the briefing before nippers.

#### c) Role of Patrol Captains (PC)

- The PC has control of the beach. They will defer to the lifeguard for assessing beach conditions where necessary. The PC will determine if nipper water events can proceed. This will be assessed based on the Risk Assessment and discussions with the WSS and the Lifeguard if necessary.
- ii) At 7.45am before the 8am group commences, the WSS will meet the PC in the patrol shed to conduct the Risk Assessment with the PC on the app before nippers or boards start at 8.00am.
- iii) At 9.45am another risk assessment will be conducted prior to 10am for the second nipper water session. PC's are part of this briefing which provides opportunity also for age managers to meet with the PC which is helpful if there is an incident on the beach.

#### d) Role of Age Managers

Age managers have a duty of care for the full 90 minutes of nippers:

- i. It is mandatory for all water participants in nippers to wear high visibility vests and a Club cap or they cannot go in the water. Age managers must ensure this before allowing nippers in the water.
- ii. Water safety members must be wearing a clearly identified uniform including a high visibility vest
- iii. It is the responsibility of the Age Manager to designate an Age Assistant or Water Safety Team member (SPOTTER) to count IN children before each surf swim, board race or relay and count OUT

#### e) Count in / Count out

- i. All nippers entering the water must be accounted for by counting in and counting out. Red folders are to be used for all count in/count out.
- ii. It is the responsibility of the Age Manager to designate an Age Assistant or Water Safety Team member (SPOTTER) to count children before each surf swim, board race or relay.
- iii. This <u>adult</u> is to conduct a COUNT IN at the start of each event, maintain a watch over the children during the event and a COUNT OUT at the end of the event.
- iv. The COUNT OUT must include children that complete the course, children that return to shore without completing the course and children that are rescued. Particular care must be taken to observe children that drift into adjacent water areas due to cross currents.
- v. In the event COUNT OUT does not match COUNT IN the SPOTTER must raise the alarm with the Age Manager in charge of the area, WSS and the Patrol Captain who will activate the Missing Children / Submerged Patient Plan.

#### f) Nippers Search and Rescue Protocol

Missing Children / Submerged Patient Plan

This situation may be witnessed or determined as a result of a discrepancy with "Count In, Count Out" (see count in / out requirements in this email). It could also be signalled via "Code X" signal from water safety personnel.

- 1. WSS to notify the PC immediately. The PC is the beach manager and has the command and control position in the event of a search. ALL actions must go through them.
- 2. Age managers and water safety personnel are immediately notified to clear ALL water areas and get all nippers out of the water.
- 3. All children must be moved to the back of the beach and assembled in age groups. Age managers are to perform a detailed head count against the names in the red folder and confirm with the WSS that all nippers are present and accounted for. No nippers are to return to the water until the all clear is given by the PC
- 4. People who last sighted patient to be identified and brought to the PC it is imperative as much information is collected as possible
- 5. Age manager of the missing child is to locate the parent and inform them in a calm manner and stay with them on the beach throughout the search
- 6. PC coordinates a search of the area this will involve bronze and silver medallion holders and will escalate to Lifeguards/Surfcom if required.
- 7. WSS and PC / Lifeguards will determine a last known position and the possible influence of known currents
- 8. When this is confirmed, IRB/s and/or boards will be tasked to conduct immediate search at last known position if in water deeper than standing depth
- 9. All available Water Safety Personnel to report to water's edge near IRB launch area ready to search if instructed.
- 10. Patient to be recovered to shore as quickly as possible, DRSABCD
- 11. Patrol will fill in an Incident Report. If no Patrol, WSS is to fill in an Incident Report
- 12. Club Captain will notify SNB Duty Officer. If T.I.P.S. is required for stress concerns, Club Captain to organise

# **SLSA Procedure**

Title: Water Safety	
Document Number: 1.1	
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# INTRODUCTION

The following procedure is for the provision of water safety for SLS Junior activities; member training (lifesaving and sport) conducted by Surf Life Saving and SLS sanctioned/special events. These procedures have been developed using risk management principles, WHS legislation and regulation and many years of experience with the provision of water safety for aquatic activities.

# SUMMARY

This table provides a summary of the complete water safety requirements for SLS member aquatic activities. For more information please refer to the full procedure later in the document or the relevant.

SLS ACTIVITY	ACTIVITY PARTICIPANTS WHO <u>DO</u> <u>NOT</u> HOLD A SRC OR ABOVE	ACTIVITY PARTICIPANTS WHO <u>DO</u> <u>HOLD</u> A SRC OR ABOVE	
	1:5 (WSP: participants)		
Junior Activities (Nippers)	1:10 (WSP: participants) Low-risk conditions Determined after a pre-activity risk assessment	Buddy procedure	
	1:5 (WSP: participants)	Buddy procedure	
Member Training (Lifesaving and Sport)	1:10 (WSP: participants) Low-risk conditions Determined after a pre-activity risk assessment	Buddy procedure	
Pool Activities	Where applicable, refer to local pool management requirements If no requirements 1:10 (WSP: participants) determined after a pre- activity risk assessment		
Surf Sport Competition	Refer to SLSA Surf Sport Manual		
Sanctioned/Special Events	Refer to 'Guidelines for Safer Surf Clubs'		
Lifesaving Patrols	Refer to relevant State/Territory 'Standard Operating Procedures'		

**NOTE:** *'Surf Rescue Certificate (SRC) or above'-* includes SRC, Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue), Silver Medallion Aquatic Rescue or Gold Medallion.

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# DEFINITIONS

<u>Activity Participant:</u> An activity participant may be a member of the public or a Surf Life Saving (SLS) member.

<u>Aquatic rescue qualification:</u> Surf Rescue Certificate (SRC), Bronze Medallion (BM) /Certificate II in Public Safety (Aquatic Rescue), Silver Medallion Aquatic Rescue (SMAR) or Gold Medallion (GM).

<u>Low-risk conditions</u>: following a pre-activity risk assessment indicating they are operating in an acceptably low-risk environment\*.

\*A nominal wave height of 1m is considered the <u>maximum</u> wave height threshold when the 1:10 ratio may be implemented. Wave height is only one consideration in assessing surf zone hazards (examples of others could include: a heavy shore break, wave period, wind strength and direction) therefore the Water Safety Supervisor will be required to complete a risk assessment in determining any decision to increase the ratio from 1 WSP : 5 activity participants to 1:10

<u>Personal training</u>: Personal training is considered a personal or leisure aquatic activity that is not supervised or endorsed by an SLS organisation. This activity may occur individually or in a group. All responsibility for such activity is taken on by the individual/s.

<u>Qualified:</u> is an activity participant who holds a proficient aquatic rescue qualification.

<u>Risk:</u> Standards Australia defines risk as the effect of uncertainty on objects (AS/NZS 31000:2009 Risk management - Principles and guidelines).

<u>Risk assessment:</u> Standards Australia defines a risk assessment as the overall process of risk identification, risk analysis and risk evaluation (AS/NZS 31000:2009).

<u>Risk management</u>: Standards Australia defines risk management as coordinated activities to direct and control an organisation with regard to risk (AS/NZS 31000:2009 Risk management - Principles and guidelines.

<u>SLS Member</u>: For the purpose of these procedures, Surf Life Saving Australia (SLSA) separates SLS members into two different categories:

- An activity participant who does not hold an aquatic rescue qualification Surf Rescue Certificate (SRC) or above e.g. Activity participants in training for the SRC or BM and junior members under the age of 13.
- An activity participant who **does hold** a proficient aquatic rescue qualification.

<u>Surf Sports Competition</u>: Two (2) or more clubs/entities hold an event consisting of activities defined within the SLSA Surf Sport Manual.

<u>Stillwater activity</u>: For the purposes of these procedures, SLS considers a stillwater activity to be one conducted in a man-made aquatic environment e.g. pool. Rivers and lakes are not considered a stillwater environment.

<u>Water safety</u>: The use of human resources and rescue equipment in an aquatic environment to provide a level of supervision to activity participants.

<u>Water safety personnel (WSP)</u>: Qualified and proficient lifesavers (holding a SRC or above) who provide water safety. WSP act under the leadership of the WSS.

Water safety supervisor (WSS): The team leader for a group of water safety personnel.

The WSS must be qualified and proficient in the SLSA BM /Certificate II in Public Safety (Aquatic Rescue) AND it is strongly recommended they also hold the Silver Medallion Basic Beach Management certificate.

# **GENERAL WATER SAFETY PROCEDURES**

The following procedures should be considered together with the activity specific water safety procedures outlined in section three (3).

# 2.1 GENERAL

### LIFESAVING PATROLS

Water safety procedures for lifesaving patrols are covered by the relevant State/Territory Standard Operating Procedures.

Please contact your SLS State/Territory office for a complete copy of these procedures.

Members of 'on-duty' lifesaving patrols can only be reallocated as WSP when the minimum patrol requirements are met and at the discretion of the Patrol Captain.

The on duty lifesaving Patrol Captain/Lifeguard must not act in the position of WSS. The lifesaving Patrol Captain/Lifeguard's primary duty is public beach safety.

#### SUPERVISION

Where water safety supervision ratios are implemented, 75% of water safety personnel must be in the water during the activity and using SLSA approved rescue equipment.

For activities where there is a mix of activity participants, the water safety ratio for 'activity participants **who do not hold** a SRC or above' should be applied.

# 2.2 RISK ASSESSMENT, RISK CHECK AND RISK MANAGEMENT TOOLS

Clubs are encouraged to complete a pre-season/annual training plan together with a risk management plan for all aquatic activities. This plan should be completed by either the Club Captain/Director of Lifesaving/Director of Sport/Director of Junior Activities/Director of Education, together with their appointed coaches and trainers

This risk management plan should be completed using the 'Guidelines for Safer Surf Clubs' and address at a minimum: regular training plans (time/day/duration), location/s, number of participants, qualification of those participants, possible risks and how they will be managed should they arise.

In addition, for all aquatic activities, a pre-activity risk check should be conducted by the WSS in conjunction with the Patrol Captain or Lifeguard, outline any risks managed and where applicable, be lodged with the relevant SLS club/service officer. Risk assessments and risk checks should be retained for a minimum of 5 years.

Suitable risk assessment, risk check and risk management tools includes:

- SLS water safety risk mobile app (also available in paper form)
- SLS event risk mobile apps
- Guidelines for Safer Surf Clubs (available on the SLS <u>Members Portal</u>)

**NOTE:** if there has been no change to the risks identified in the risk management plan, the pre activity risk check can be a notation that a risk check has been conducted, there is no change to previously identified risks, and the risk mitigation strategies identified previously still stand.

# 2.3 UNIFORM

### UNIFORM SUMMARY

EVENT TYPE	HIGH-VISIBILITY LYCRA VEST OR SHIRT	SWIMMING CAP	SURF RESCUE uniform
Surf Sports (Competition)	✓ Mandatory	N/A	N/A
Sanctioned Events	✓ Mandatory	Recommended	N/A
Ocean Swims	Recommended	✓ Mandatory	N/A
Junior Activities (Nippers)	Recommended	N/A	N/A
Member Training (Lifesaving and Sport)	Recommended	N/A	Recommended BM training and above
Water Safety	N/A	N/A	Cap ✓ Mandatory Rash Shirt√ Mandatory

# ACTIVITY PARTICIPANTS

#### SLS surf sport competition and SLS sanctioned/special events:

All aquatic activity participants in SLS surf sport competition and SLS sanctioned/special events **must** be clearly identified with a standardised high-visibility vest or swimming cap (ocean swims only) for easy identification above the water surface. (See 2.3.3 High-visibility Garments)

#### All junior activities and member training:

For junior activities and member training, it is **recommended** that aquatic activity participants be clearly identified with a standardised high-visibility Lycra vest or shirt for easy identification above the water surface.

### WATER SAFETY SUPERVISORS AND PERSONNEL

For SLS junior activities, surf sport competition, member training and SLS sanctioned/special events, water safety supervisors and personnel **must** be wearing a clearly identified uniform.

WSP uniform must consist of a cap (secured under the chin) and rash shirt. This maybe either: *Surf Rescue* uniform

- SLS red and yellow quartered patrol cap secured under the chin;
- SLS SURF RESCUE rash shirt;
- Where appropriate, SLS SURF RESCUE wetsuits and stinger suits.

#### Or

High visibility (water safety) uniform:

- A high-visibility (fluorescent) orange cap secured under the chin;
- A high-visibility (fluorescent) orange rash shirt branded with 'WATER SAFETY' on the front and back of the shirt.

### HIGH-VISIBILITY GARMENTS

There are five high-visibility fluorescent colours endorsed by SLSA that SLS affiliated organisations can choose to use:

- Fluorescent Pink (PMS #16-2130 TN 'Knockout Pink')
- Fluorescent Yellow (PMS #13-0630 TN 'Safety Yellow')
- Fluorescent Green (PMS#13-0340 TN 'Green Gecko')
- Fluorescent Orange (PMS# 15-1360-TN 'Shocking orange')
- Fluorescent Red (PMS#485C)

The exact fluorescent colour will vary depending on the material used (e.g. nylon, Lycra/spandex, polyester). As a guide only, the above PMS (Pantone Matching System) codes should be provided to your vest/cap manufacturer.

Example of high-visibility fluorescent garments:



**NOTE:** that fluorescent colours degenerate with prolonged exposure to water and **light.** Garments **should be** maintained as per the manufacturer care and cleaning procedure and monitored to ensure continued colour brightness.

# 2.4 RESCUE EQUIPMENT

Rescue equipment used for the purposes of water safety must be SLSA approved and can include:

- Lifesaving rescue equipment listed in the <u>SLSA approved lifesaving gear and equipment</u> manual
- SLSA approved competition boards

It is highly recommended that an IRB or RWC be used for water safety (where safe and applicable).

**NOTE:** Where WSP are using rescue equipment that requires a specific competency and award e.g. powercraft, the operator **must** be qualified and proficient in the appropriate awards.

During the activity, rescue equipment **must** be on the water and in close proximity to the activity participants.

Equipment	Operator	Count towards Water Safety ratio
Rescue board	1 paddler	1
Rescue Tube	1 swimmer	1
IRB	1 Driver and 1 Crew	2
DIAC	1 Driver	1
RWC	1 Driver and 1 Crew	2

# 2.5 ROLES AND RESPONSIBILITIES

WATER SAFETY SUPERVISOR (WSS) - TEAM LEADER Must be qualified and proficient in the SLSA BM /Certificate II in Public Safety (Aquatic Rescue) AND is strongly recommended to hold the Silver Medallion Basic Beach Management;

- Remain on the beach, except when required in an emergency;
- Be responsible for water safety and ensure it meets the prescribed and assessed; requirements. E.g. the minimum supervision ratios OR that the buddy procedure;
- Conduct risk assessment using one of the tools available:
  - If the activity is to be conducted on the beach during patrol hours, the WSS must consult with the lifesaving Patrol Captain/Lifeguard on the most appropriate area of the beach to be used for the activity.
  - If the activity is to be conducted on the beach outside of patrol hours (or in unpatrolled locations), the WSS is to decide the most appropriate area of the beach to be used for the activity

NOTE: that the lifesaving Patrol Captain/Lifeguard is the ultimate authority on the beach

- Be aware at all times of the safety and welfare of those involved in the activity and act immediately if they have safety concerns;
- Supervise WSP;
  - Ensure WSP are qualified and proficient.
  - Ensure that the most suitable rescue equipment is available.
  - Brief both WSP and activity participants on the conditions likely to be encountered during the activity.
  - Request that WSP advise the WSS of their competency levels in relation to the activity and conditions AND if they have any pre-existing ailments that may impact on their participation. Any identified risks should be managed.

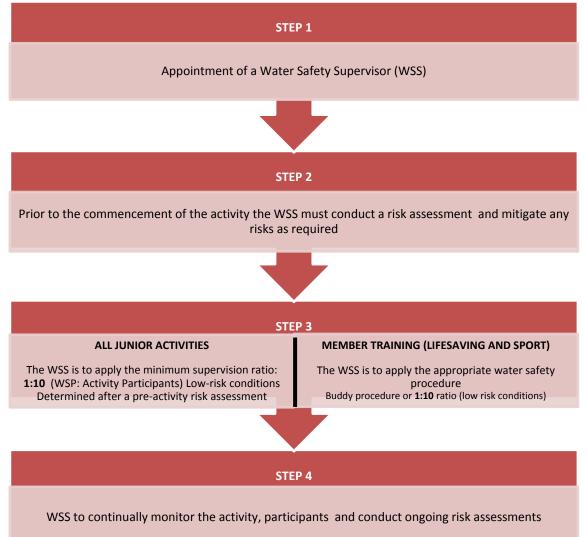
### WATER SAFETY PERSONNEL (WSP)

Reports to Water Safety Supervisor

- must be qualified and proficient in a SLSA aquatic rescue qualification ;
- Carry out their duties under the leadership of the WSS;
- Be positioned on the beach and/or in the water as directed by the WSS;
- Be responsible for water safety in the appointed area;
- At all times be aware of the safety and welfare of those involved in the activity and immediately report any concerns to the WSS;
- Advise the WSS of any pre-existing ailments that may impact on their participation or if their competency does not meet the activity requirements or conditions.

# **ACTIVITY SPECIFIC WATER SAFETY PROCEDURES**

# 3.1 JUNIOR ACTIVITIES AND ALL MEMBER TRAINING



# 3.2 MINIMUM SUPERVISION RATIOS

Supervision ratios apply to Junior Activities and member training where participants <u>do not hold</u> a SRC or above. These ratios also apply to groups with a mix of aquatic rescue qualification holders and non-award holder.

For junior preliminary evaluations (JPE) a maximum supervision ratio of 1:5 (Water Safety Personnel: Activity Participants) applies.

For Junior Activities and member training where participants <u>do not hold</u> an SRC or above, the maximum supervision ratio is 1:5 (Water Safety Personnel: Activity Participants).

For still water/pool activities or low-risk conditions (ascertained after a formal risk assessment) the ratio maybe expanded to 1:10 (Water Safety Personnel: Activity Participants). Risk assessments should be conducted using one of the tools provided.

# 3.3 BUDDY PROCEDURE

The buddy procedure is where qualified activity participants of similar experience and ability participate together in the same aquatic activity. They continuously monitor each other throughout the activity, and able to offer immediate assistance to their "buddy" if required.

The Buddy procedure for water safety can be applied to SLS member training of 2 or more activity participants.

All activity participants must hold a proficient aquatic rescue qualification. In larger groups, the training plan and measures in an emergency may be the same for all participants. Participants should still however identify a buddy.

Prior to the commencement of the activity or training session, qualified members should identify a 'buddy'. In a group situation where there is an uneven number, a buddy group of three can be formed.

The WSS or buddy pair should form an agreed training plan. This plan includes:

- Specific activities to be completed
- Duration of the activity (start and finish time)
- Location (and destination if applicable)
- Outline measures in case of an emergency. For example: carrying a mobile phone, notifying family/a friend of your training intentions.

During the activity, each buddy pair should be in a position to:

- Be able to offer immediate assistance to each other if required
- Maintain communication advise each other should training plans or conditions change
- If you lose sight of or contact with your buddy, alert the WSS and/or other participants and commence searching immediately
- In the case of emergency, assist their buddy to remove him/her from danger (where it is safe to do so)

# 3.4 SURF SPORT

Water safety procedures for surf sport competition (excluding surf sports training), as defined by the SLSA Surf Sports Manual, are to be conducted as per the SLSA Surf Sports Manual.

The water safety for club swims and club championships should be conducted as per 3.1 junior activities and member training.

Please refer to the SLSA website to download a copy of the current SLSA Surf Sports Manual.

# 3.5 STILL WATER/POOL ACTIVITIES

For those activities conducted in a public pool, the safety procedures as laid down by the local pool management must be adhered to. These safety procedures may be applied under the pool or SLS management.

Aquatic activities conducted in rivers and lakes are not considered a still water activity in which case the above water safety procedure (as described in section 2 and 3) should apply for the relevant activity.

# 3.6 PERSONAL TRAINING

Where a group or individual undertakes 'personal training', all responsibility is taken on by the individual/s and/or their parents/guardians. Please be aware of the possible insurance and litigation issues resulting from an incident.

It is recommended that individuals undertake their own risk management process, including considering the increased risk of training alone, prior to any personal training being conducted.

# **3.7 SANCTIONED/SPECIAL EVENTS**

Any aquatic activity conducted by SLS outside the SLS framework of lifesaving, sport or junior activities must receive SLS State/Territory approval. These activities may include (but are not limited to) ocean swims and triathlon/aquathon events.

The specific water safety procedures for these activities are covered by the 'Guidelines for Safer Surf Clubs'.

Please refer to the SLS <u>Members Portal</u> to download a copy of the current *Guidelines for Safer Surf Clubs*.

# **APPENDIX 1**

# AQUATIC ACTIVITY RISK CHECK AND MANAGEMENT FORM

ACTIVITY INFORMATION	
Activity type/name:	
Venue/Beach:	
Date:	/ /
Time:	AM / PM
Number of participants:	

#### **RISK ASSESSMENT**

As a minimum, the following factors must be assessed when determining water safety:

- Surf conditions
- Weather conditions
- Skill level of participants
- Number of participants
- Other location specific hazards

Potential Risk:	tion specific haz	Specific Details:	Comments:
Potential Risk: (Please tick if risk has been identified)			(Include comments for all identified risks)
Dangerous surf	√ / ×	Wave height Wave type Water depth	
		Tide and current	
Bad weather	√ / ×	Wind Temperature Storms	
Skill level	√ / ×	No level of skill Limited level of skill Mixed level of skill	
Many participants	√ / ×	40-59 🗖 60-99 🗖 100+ 🗖	
Other hazards	√ / ×	Stingers Sharks/crocodiles Exposed rocks Jetty/wharf Debris/pollution	

RISK MANAGEMENT			
Please tick the action undertaken to minimise risk		Comments: (Include comments for all items ticked)	
Modify activity	√ / ×		
Move activity	√ / ×		
Delay activity	√ / ×		
Cancel activity	√ / ×		
Increasing the number of water safety and rescue equipment	√ / ×		
Personal protective equipment	√ / ×		
Surf Helmet	√ / ×		
Other (Please state)	√ / ×		

WATER SAFETY SUPERVISOR INFORMATION		
Nome		
Name:		
Signature:		Date: